



## Installing Health and Hope

Installing a simple basic toilet can provide better health, wellness and hope. Can you imagine you or your children growing up using the beach as your toilet?

**Gotta go?** No problem. Chances are there is a washroom close by unless...you live in Ghana. In that case, there is a 70% chance that you won't have a toilet in your home or community.

Take a moment to think about what that would be like. How would it impact your life? Your dignity? Your health? It's a huge problem that goes way beyond relieving an urge we all experience several times a day.

Access to washrooms, good hygiene and safe water, is fundamental not only to good health but a good life. When we consider that a single gram of feces from an infected person can contain trillions disease-causing microorganisms and that millions of people are forced to defecate in open areas, it is not surprising that half of the people, many of them children, living in urban areas of Africa have a disease associated with poor sanitation, hygiene, and water. The Love Arica Project is offering solutions.

## Delivering Dignity to Ghana – One Toilet at a Time

The Love Africa Project is constructing public washrooms so that communities can look optimistically to a future that is healthy and full of opportunities.

Our first project is well on its way to completion! Love Africa is building a 20-toilet public washroom structure in Saltpond. We believe this costal village in the Central Region of Ghana could be a beautiful and lucrative area for tourism and that the installation of our washroom is the first step towards that success.

Construction is completed all the way to roof height and we have acquired the materials needed to complete the roofing, plumbing and door installations. We have invested about \$6,500 to get us to this point and estimate that we need just \$5,000 more to complete this transformational structure of health and hope.

We've donated our own time and money but we need help to finish this exciting project. There are several ways you can help us raise money and spread the word:

1. Make a donation [www.loveafricaproject.com/donate](http://www.loveafricaproject.com/donate)
2. Buy one of our limited-edition Love Africa Coffee Mugs for \$10
3. Hire us to finish off your basement, renovate your bathroom renovations, or complete minor repairs around your house.
4. Purchase our Black Soap or Shea Butter from Ghana. Both of these famous all-natural products are made by local villagers from Ghana and are excellent of the skin.

**Thank you** in advance for your support of a very necessary project which is bringing dignity, health and opportunity to a dignified people -- one toilet at a time.

## Health Impacts of Sanitation

- Lack of sanitation leads to disease. As recently as 2007, sanitation was declared as the most important *medical* milestone.
- Of the diseases associated with poor sanitation, 10% of the global burden of disease and are directly related to poverty and illnesses.
- Close to half of the urban populations of Africa have a disease associated with poor sanitation, hygiene, and water.
- Not properly disposing properly of faeces is incredibly dangerous to the health of entire communities.
- One gram of fresh faeces from an infected person can contain trillions of disease-causing micro-organisms.
- The safe disposal of faeces is critical in preventing the spread of disease.
- Half of the people living in urban areas of Africa have a disease associated with poor sanitation, hygiene, and water.
- 50% of those in Africa do not have access to sanitation.